Breakfast / France

Oat porridge with apple and papaya · France

Warm oat porridge with gently cooked fruit and a sweet France-inspired seasoning.

Time 25 min **Servings** 4

What you'll need.

- ☐ 200 g rolled oats
- ☐ 300 g apple
- ☐ 80 ml water
- ☐ 4 ml vanilla extract
- ☐ 800 ml pasteurised milk
- ☐ 200 g peeled, seeded papaya
- ☐ 30 g honey

Let's make it.

01 Chop the apple and peeled, seeded papaya. Simmer gently with the water for 10 minutes.

02 Gently bring the milk or coconut milk and oats to a boil. Simmer for five to eight minutes, stirring regularly.

03 Stir the listed sweet seasoning into the porridge, adding a splash of water if needed.

04 Spoon into bowls and top with the cooked fruit and honey. Serve warm.

AI-developed, not kitchen-tested.

Recipe & provenance DVS Recipe Studio / DVS Recipe Studio · AI-developed variation / CC0 1.0.
Original recipe and attribution CC0 1.0
recipes.dvs-services.be / studio-fr-17-07-dd23abb