Breakfast / Ireland

Oat porridge with redcurrants and papaya · Ireland

Warm oat porridge with gently cooked fruit and a sweet Ireland-inspired seasoning.

Time 25 min **Servings** 4

What you'll need.

- ☐ 200 g rolled oats
- ☐ 300 g redcurrants
- ☐ 80 ml water
- ☐ 2 g ground cinnamon
- ☐ 800 ml pasteurised milk
- ☐ 200 g peeled, seeded papaya
- ☐ 30 g honey

Let's make it.

01 Chop the redcurrants and peeled, seeded papaya. Simmer gently with the water for 5 minutes.

02 Gently bring the milk or coconut milk and oats to a boil. Simmer for five to eight minutes, stirring regularly.

03 Stir the listed sweet seasoning into the porridge, adding a splash of water if needed.

04 Spoon into bowls and top with the cooked fruit and honey. Serve warm.

AI-developed, not kitchen-tested.

Recipe & provenance DVS Recipe Studio / DVS Recipe Studio · AI-developed variation / CC0 1.0.
Original recipe and attribution CC0 1.0
recipes.dvs-services.be / studio-ie-17-12-b6b968f