Desserts / Ireland

# Yoghurt pots with pineapple and papaya · Ireland

Layers of cooked fruit, creamy yoghurt and toasted oats, inspired by Ireland flavours.

**Time** 25 min **Servings** 4

## What you'll need.

- ☐ 600 g plain yoghurt made from pasteurised milk
- ☐ 250 g peeled, seeded papaya
- ☐ 80 g rolled oats
- ☐ 2 g ground cinnamon
- ☐ 250 g peeled pineapple
- ☐ 60 ml water
- ☐ 40 g honey

## Let's make it.

01 Chop the peeled pineapple and peeled, seeded papaya. Simmer gently with the water for 7 minutes.

02 Allow the fruit to cool. Toast the oats for a few minutes in a dry frying pan, then cool them too.

03 Mix the yoghurt with the listed sweet seasoning and half the honey.

04 Layer the yoghurt, cooled fruit and toasted oats in glasses. Drizzle over the remaining honey and serve straight away.

**AI-developed, not kitchen-tested.**

**Recipe & provenance** DVS Recipe Studio / DVS Recipe Studio · AI-developed variation / CC0 1.0.
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