Desserts / Ireland

Yoghurt pots with redcurrants and papaya · Ireland

Layers of cooked fruit, creamy yoghurt and toasted oats, inspired by Ireland flavours.

Time 25 min **Servings** 4

What you'll need.

- ☐ 600 g plain yoghurt made from pasteurised milk
- ☐ 250 g redcurrants
- ☐ 250 g peeled, seeded papaya
- ☐ 60 ml water
- ☐ 80 g rolled oats
- ☐ 40 g honey
- ☐ 2 g ground cinnamon

Let's make it.

01 Chop the redcurrants and peeled, seeded papaya. Simmer gently with the water for 5 minutes.

02 Allow the fruit to cool. Toast the oats for a few minutes in a dry frying pan, then cool them too.

03 Mix the yoghurt with the listed sweet seasoning and half the honey.

04 Layer the yoghurt, cooled fruit and toasted oats in glasses. Drizzle over the remaining honey and serve straight away.

AI-developed, not kitchen-tested.

Recipe & provenance DVS Recipe Studio / DVS Recipe Studio · AI-developed variation / CC0 1.0.
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