Desserts / India

Yoghurt pots with apple and kiwi · India

Layers of cooked fruit, creamy yoghurt and toasted oats, inspired by India flavours.

Time 25 min **Servings** 4

What you'll need.

- ☐ 600 g plain yoghurt made from pasteurised milk
- ☐ 250 g apple
- ☐ 250 g peeled kiwi
- ☐ 60 ml water
- ☐ 80 g rolled oats
- ☐ 40 g honey
- ☐ 1 g ground cardamom

Let's make it.

01 Chop the apple and peeled kiwi. Simmer gently with the water for 10 minutes.

02 Allow the fruit to cool. Toast the oats for a few minutes in a dry frying pan, then cool them too.

03 Mix the yoghurt with the listed sweet seasoning and half the honey.

04 Layer the yoghurt, cooled fruit and toasted oats in glasses. Drizzle over the remaining honey and serve straight away.

AI-developed, not kitchen-tested.

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