Main dishes / Italy

penne with chickpeas and spinach · Italy

A modern Italy-inspired noodle or pasta dish with spinach and drained cooked chickpeas.

Time 35 min **Servings** 4

What you'll need.

- ☐ 150 g onion
- ☐ 320 g penne
- ☐ 500 g spinach
- ☐ 2 g dried oregano
- ☐ salt and pepper to taste
- ☐ 30 ml neutral cooking oil
- ☐ 500 g drained cooked chickpeas
- ☐ 15 ml extra virgin olive oil
- ☐ 10 g fresh basil

Let's make it.

01 Cook the penne according to the packet. Reserve a cup of cooking water, then drain.

02 Clean the spinach and cut into small, even pieces. Finely chop the onion.

03 Heat the oil and soften the onion for five minutes. Add the spinach and cook for a few minutes. Add a splash of cooking water, cover and cook until the vegetable is tender.

04 Rinse and drain the drained cooked chickpeas, then heat until piping hot throughout.

05 Combine everything in the pan, loosening with cooking water if needed. Stir in the extra virgin olive oil, dried oregano, fresh basil and taste before serving.

AI-developed, not kitchen-tested.

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