Breakfast / Italy

Oat porridge with mango and fresh figs · Italy

Warm oat porridge with gently cooked fruit and a sweet Italy-inspired seasoning.

Time 25 min **Servings** 4

What you'll need.

- ☐ 200 g rolled oats
- ☐ 800 ml pasteurised milk
- ☐ 300 g peeled, stoned mango
- ☐ 200 g fresh figs
- ☐ 80 ml water
- ☐ 30 g honey
- ☐ 3 g finely grated lemon zest

Let's make it.

01 Chop the peeled, stoned mango and fresh figs. Simmer gently with the water for 5 minutes.

02 Gently bring the milk or coconut milk and oats to a boil. Simmer for five to eight minutes, stirring regularly.

03 Stir the listed sweet seasoning into the porridge, adding a splash of water if needed.

04 Spoon into bowls and top with the cooked fruit and honey. Serve warm.

AI-developed, not kitchen-tested.

Recipe & provenance DVS Recipe Studio / DVS Recipe Studio · AI-developed variation / CC0 1.0.
Original recipe and attribution CC0 1.0
recipes.dvs-services.be / studio-it-17-07-b3d6145